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5K & VIRTUAL 5K	
ADULT	
Now through Nov. 8	\$30
Nov. 9 to Race Day	\$35
12 & UNDER	
Now through Nov. 8	\$20
Nov. 9 to Race Day	\$25

Online prices plus taxes & processing fees. Kids 12 & under get \$10 off at checkout.

PRICE GOES UP NOV. 9!
Register by Sunday, Nov. 8 to lock in the lower price.

RACE-DAY REGISTRATION
Accepted Thanksgiving morning.

RACE SHIRTS
Shirts while supplies last.

QUESTIONS?
Manhattan Running Company
1129 Garden Way,
Manhattan, KS 66502
(785) 320-6363

DO NOT MISS IT

DON'T MISS THE TROT!

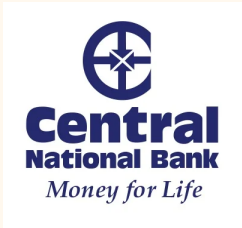
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PROCEEDS BENEFIT



PRESENTED BY



PARTNER



11TH ANNUAL MHK TURKEY TROT 5K



THE FASTEST 5K IN KANSAS

THANKSGIVING DAY THURSDAY NOV. 26, 2026

Before you feast, join us for a 5K through the streets of Manhattan, KS. The race starts and finishes in Aggieville, while taking you around City Park and down Poyntz Ave. Proceeds from this event go to the Flint Hills Breadbasket.

2026 is our 11th year of the Turkey Trot. Join upwards of 1,500 of your best friends for a trot through Manhattan before eating with the family. It has quickly become a fun, family tradition to start your Thanksgiving Day off right!

Chasing a PR? It's billed as the fastest 5K in Kansas. Joe Moore set the course record of 14:16 in 2016. Costumes are always welcome, so dress up and trot with us!

**THE FASTEST 5K
IN KANSAS**



REGISTER ONLINE AT:



[raceroster.com/events/
2026/113360/
mhk-turkey-trot](https://raceroster.com/events/2026/113360/mhk-turkey-trot)
Or complete this form.

NAME

ADDRESS

CITY

STATE, ZIP

GENDER AGE

EMAIL

PHONE

SHIRT SIZE

5K ☐ VIRTUAL 5K ☐

RELEASE/WAIVER

I agree to hold Manhattan Running Company harmless as to any claim for damages for any accident or injury of any kind resulting from my participation in this race. I also give medical personnel permission to treat my injuries if I am unable to make the decision for myself.

SIGNATURE OR GUARDIAN, IF
UNDER AGE 18

DATE

MAIL COMPLETED FORM WITH A CHECK

made payable to Manhattan
Running Company to:
1129 Garden Way
Manhattan, KS 66502

**THURSDAY,
NOV. 26, 2026**

RACE TIME

9:00 AM

LOCATION

Starts and finishes in Aggieville,
Manhattan, KS 66502

AWARDS

Plaque to overall male and female
Finisher's medal to all finishers

ENTRY FEE

\$30 adult until Nov. 8, \$35 after
*See details on back.

PACKET PICKUP

Nov. 24, 10AM-7PM @ MRC

Nov. 25, 10AM-5PM @ MRC

(1129 Garden Way)

Nov. 26 (Race Day), 7:30-8:45AM

@ Kites (615 N. 12th St.)

PARKING

Park on KSU campus across from
Triangle Park or in the
parking garage.